

# Heard of Manager Assist?

*It's here to help you and we  
are ready to take your call.*

*"My team has become so needy and at times even  
exhausting. I couldn't work out how to manage  
this behaviour confidently as it was new to me."*

*"You've gotta love it, our senior execs still expect us  
to deliver on budget when the world's been tipped  
on it's head. I needed help managing expectations  
generally, and certainly better skills for managing  
up."*

*"Our work world has been really impacted and  
there's so much uncertainty about our future  
viability I needed help to get my head straight  
if I was going to be any good to anyone."*

*"I only just got promoted into this new leadership  
role in late February so I've got no idea or experience  
how to manage a team I barely know."*

## It's a tough time to be a leader for sure.

Right now, **Manager Assist** is busier than usual for very understandable reasons.

Managers and leaders at all levels are really being tested right now. The pandemic has had a major impact on so many businesses, nothing much seems certain right now and staff everywhere are feeling anxious about their jobs and their future. Why not reach out to **Manager Assist** for some practical support and guidance on the issues keeping you awake at night?

It's free to managers and fully confidential.

Best of all, it's a flexible, super-tailored experience designed to help you with exactly what is making work tough for you right now.

So don't waste any more time, pick up the phone and call us on **1300 OUR EAP (1300 687 327)** or use one of the other options below to reach us.

*Go on, make it happen.*



FACE TO FACE



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international