

## **Family Assist**

## It's free, it's confidential, its time is now.

Right now, Family Assist is busier than usual for very understandable reasons. Families across Australia have been impacted greatly by the pandemic and the economic consequences that will play out for a long time to come. It's a tough time for many family members right now. Why not remind them about Family Assist for some practical support and guidance on the issues that I know are keeping them awake at night.

It's free to all immediate family members and is fully confidential. Best of all, it's a flexible, super-tailored experience designed to help them with exactly what is making life tough right now.

And while we're talking about flexibility, we also offer a whole range of ways to connect with them and at a time of their choosing, from phone, videoconferencing, live chat or even face to face services in states where this is possible.

So don't waste any more time, pick up the phone and call us on 1300 OUR EAP (1300 687 327) or use one of the other options below to reach us.

## Go on, make it happen.















FACE TO FACE VIA PHONE

NE

EMAIL

EAP CONNECT VIA LIVE CHAT