



"I had thought the big break from working together might have improved our working relationship. Day one, back in the office and she was at it again. I need help as I can't do all this again."

"Working from home has been pretty good but instead of undermining me at work, he's now doing it in even more subtle ways online and in emails. I don't know where to begin to tackle it."

"I am so relieved I talked to a conflict coach – didn't even know they existed – as I can see how I have options in managing my relationship with her now."

"Communicating through Zoom feels heaps safer but our relationship is only getting worse. I know I've got to do something about it but don't know where to start."

"My boss keeps pushing me to talk directly to him and I just can't. I know I'll freeze and won't be able to say anything."

Conflict Assist

It's free, it's confidential, its time is now.

Right now, **Conflict Assist** is busier than usual for very understandable reasons. People across Australia have been impacted greatly by the pandemic, major job losses and the economic consequences that will play out for a long time to come.

It's a tough time for so many Australians right now. But unresolved conflict and relationship issues with colleagues haven't gone away, and for some, they have gotten worse.

Why not call Conflict Assist for some practical support and guidance on the best way to tackle the conflict you're experiencing at work.

It's free to all employees and is fully confidential. Best of all, it's a flexible, super-tailored experience designed to help you with exactly what is making work/life tough right now.

So don't waste any more time, pick up the phone and call us on **1300 OUR EAP (1300 687 327)** or use one of the other options below to reach us.

Go on, make it happen.



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